

Fraser Valley Quilters' Guild Block of the Month – BONUS August 2026

Block will finish at 14" (with seam allowance – 14 ½")



Select a fun 'summer' fabric for the centre focus fabric. It is a good size square – 6" (finished). Make it whatever reminds you of the lazy days of Summer. Maybe beach themed or garden themed or bicycles or???

Cut for each block:

Light (for 4 patches)	Dark (for 4 patches)	Light / Medium (for large rectangles)	Focus Fabric (centre square)
2 ½" x 2 ½" squares (8)	2 ½" x 2 ½" squares (8)	4 ½" x 6 ½" rectangle (4)	6 ½" x 6 ½" square (1)

Create the 4-patch units:

Stitch a light square to a dark square. Repeat to make a 2nd unit and rotate 180 degrees and stitch to the 1st unit. Repeat 3 more times to make a total of 4 – 4-patch units.

Place the 4-patch units like the photos above.

Row 1: Stitch a 4-patch unit to the short side of the large rectangle on the left and another one to the right side of the rectangle.

Row 2: Stitch the long side of the rectangle to the centre focus fabric square and then stitch the long side of the rectangle to the right side of the focus square.

Row 3: Stitch a 4-patch unit to the short side of the large rectangle on the left and another one to the right side of the rectangle.

Stitch Row 1 to Row 2 and then sew this unit to Row 3.