

# Block of the Month

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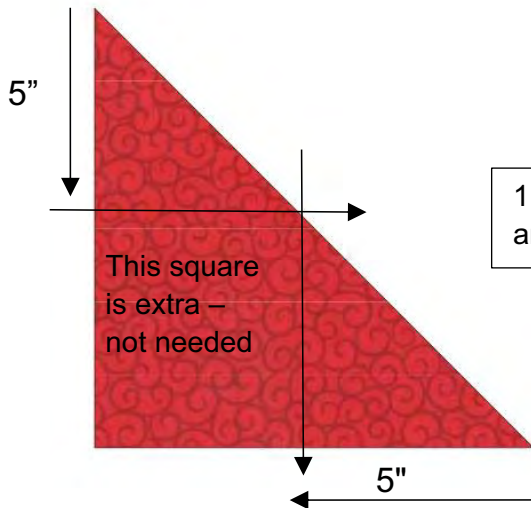
## Simplest Heart

by Marion Cardenas for FVQG

Block will finish at 8" (with seam allowance – 8 ½")

Use red or pink colour (darker) for heart and mostly white (can have a small print) for background square

Heart Fabric	Background Fabric
Cut 1 square 10" – cut in half diagonally	Cut 1 square 4 1/2"
Using 1 of the half triangles – divide it into 2 triangles that are 5" on the two short sides	



1. The two smaller half square triangles that you have created are to be sewn to the background square as show below.

2. Once the small triangles are sewn to the background square, sew this unit to the large triangle, centering it. You will need to trim the block once it is sewn to an 8 ½" square

