

**May Block of the Month  
By Valerie Towler,**

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May is a month for flowers. The sunflower is the national flower of the Ukraine, and a symbol of hope. This is a bit more time-consuming than many of our blocks, but it would make a stunning quilt. I have chosen to make it against a sky-blue background.

**Cutting:**

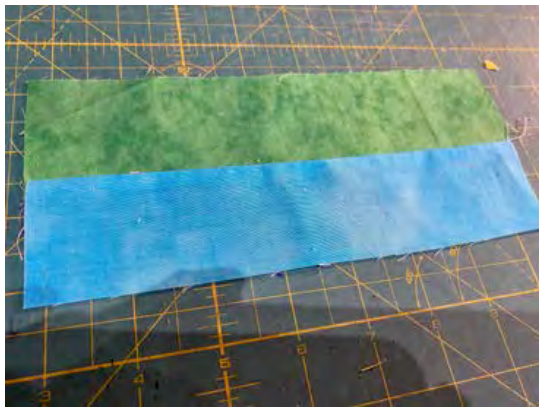
Sky-blue background: Four 5" squares Four 2 x 3 1/2" strips One 8 x 2" strip

Bright yellow: Four 5" squares Eight 4 3/8" squares Four 2" squares

Green: One. 8 x 2" strip Brown: Four 3 1/2" squares

**Sewing.** All seams will be a scant 1/4":

**First make the four corners.** Sew the blue 8 / 2" strip to the green 8 x 2" strip along the long edge. Then cut crosswise into four strips. Sew

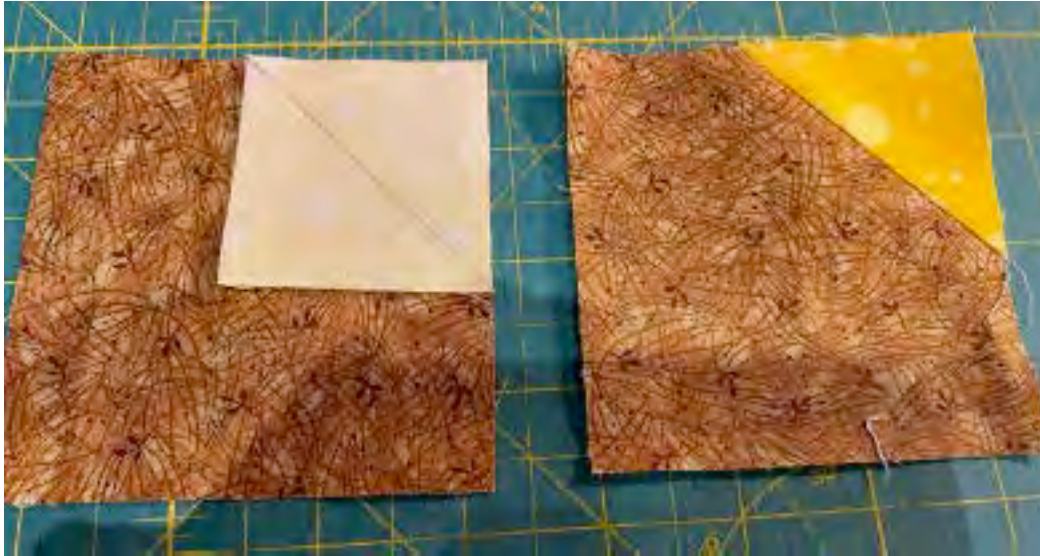


Sew each of these to a blue 2 x 3 1/2" strip to make the corner squares.



The next step is the centre square.

Draw a line across one diagonal on each of your 2" yellow squares. Place one right sides together at the corner of each of the 3 1/2" brown squares and sew along the diagonal. Press open and trim the excess fabric off the back.



You are now ready to sew all the small blocks together to make your sunflower. Lay them out as shown and sew together.



Next make the petals of the sunflower using our method for HSTs.

Take each of the four blue 5" squares and place right sides together on one of the four yellow 5" squares. Draw a line across one diagonal on each, and sew 1/4" on each side of the line. Cut along the line and press open. You now have eight squares.



Draw a diagonal line on the yellow square across the opposite diagonal as shown above.

Sew 1/4" seam each side of the line, then cut along the line and press open. Trim the resulting squares to be 3 1/2" square, aligning the centre carefully on your ruler.



**The next step is the centre square.** Draw a line across one diagonal on each of your 2" yellow squares. Place one right sides together at the corner of each of the 3 1/2" brown squares and sew along the diagonal. Press open and trim the excess fabric off the back. **You**



You are now ready to sew all the small blocks together to make your sunflower. Lay them out as shown and sew together.



**Winners of the last two BoM events were**  
Margaret Barrington for February and  
Beckie Stewart for March