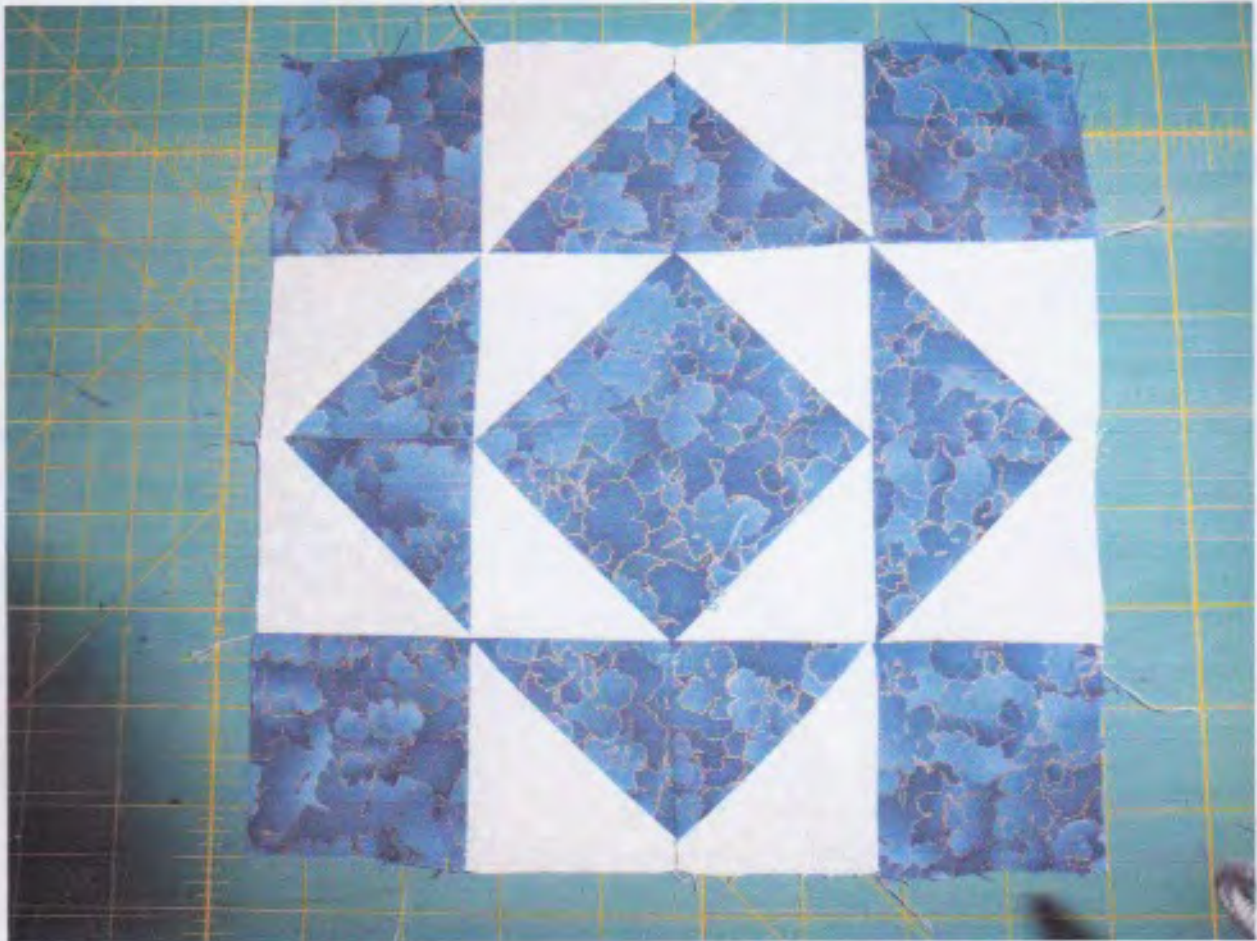


## MAY BLOCK OF THE MONTH

[valerie.towler@shaw.ca](mailto:valerie.towler@shaw.ca)

I have not been able to find the origin or a name for this block. However it looks very striking in blue and white and is very quick and easy to make up. The blocks will make a lovely quilt.



### Cutting:

White background fabric: One 4 1/2" square  
Eight 2 1/2" squares

Blue fabric: One 3 3/8" square  
Four 2 1/2" squares  
Four 2 1/2" x 4 1/2" rectangles

**First make the centre block.**

Cut the 4 1/2" background square across both diagonals to make four triangles (Fig.1)  
Sew two of these triangles across the top and bottom of the 3 3/8" blue square (Fig.2).  
Press open.

Then sew the other two triangles across the remaining two sides.(Fig. 3) Press open  
and trim to a 4 1/2" square.



Fig. 1

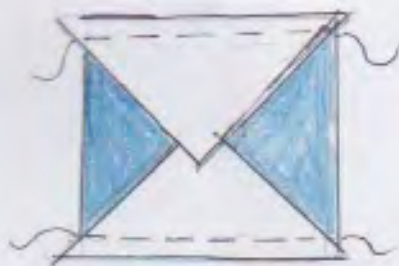


Fig. 2

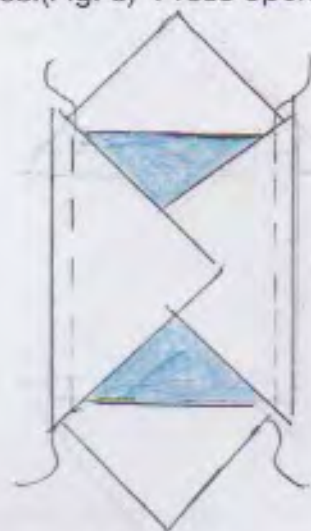


Fig. 3.

**Make the four triangle blocks.**

These are flying geese blocks and I have selected the method which does not need to work on the bias. (Note: In case you look closely, the photo shows these blocks made with HST's, but it is much more efficient to use flying geese blocks as in the instructions)

Mark a diagonal line across the back of each of the 2 1/2" background squares.  
Place one square at the edge of each 2 1/2 x 4 1/2" blue rectangle and sew down the diagonal lines (Fig. 4) Press open and trim off the excess fabric at the back.  
Place a remaining background square at the other end of each blue rectangle with the diagonal in the opposite direction as shown. Sew down the diagonal line, press open and trim off the excess fabric. (Fig.5)

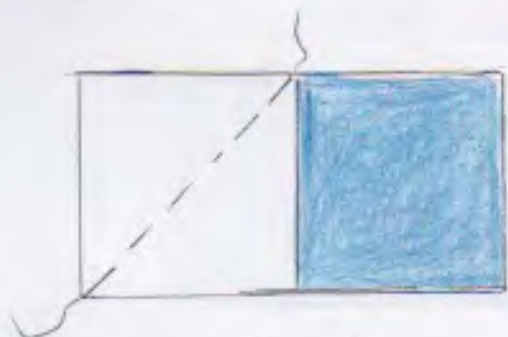


Fig. 4

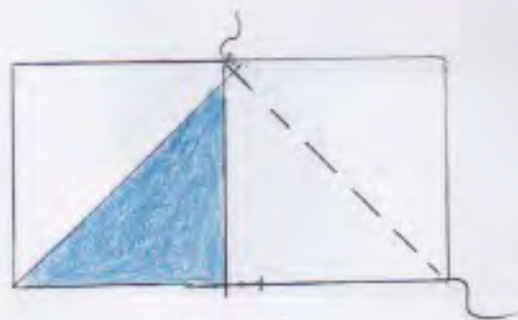
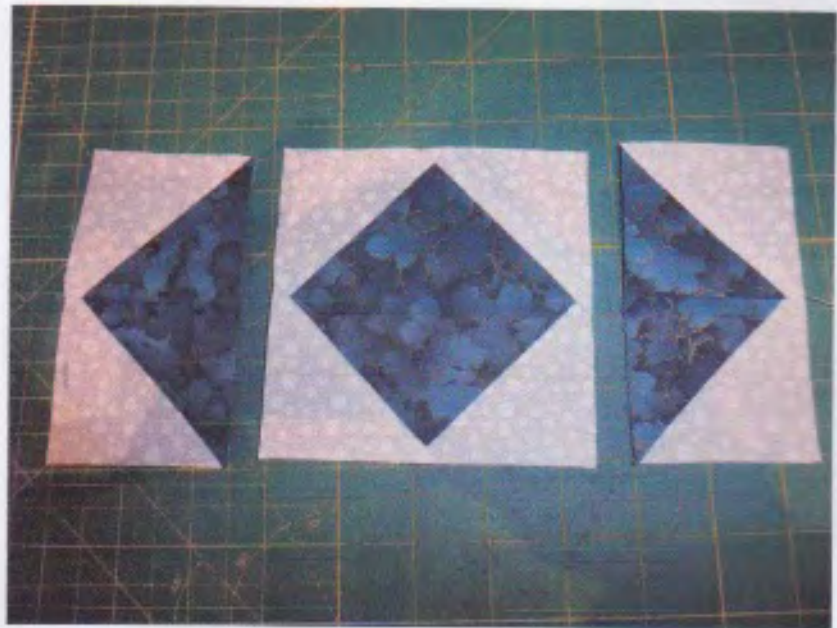


Fig. 5.

**Assembly:**

Sew a flying geese block at each end of the centre block as shown.



Then sew the whole block together as shown below. You will have an 8 1/2" block.

